

Who is this guide for?

Use this guide to learn what documents you'll need to provide if we ask you to share proof of your [eligibility](#), [identity](#), or [address](#). If you still need to apply, you can apply now at LifelineSupport.org.

Proof of Income or Program Participation

Proof of income:			
To show your household income is at or less than the amount listed for your state and household size:			
Household Size	48 States, DC, & Territories	Alaska	Hawaii
1 person	\$21,546	\$26,933	\$24,786
2 people	\$29,214	\$36,518	\$33,602
3 people	\$36,882	\$46,103	\$42,417
4 people	\$44,550	\$55,688	\$51,233
For each additional person, add	\$7,668	\$9,585	\$8,816
<p>135% of the 2026 Federal Poverty Guidelines The federal poverty guidelines are typically updated at the end of January.</p>			
Provide a document that includes:		Here are common examples:	
<ol style="list-style-type: none"> Your name, or your dependent's name Your annual income An issue date within the last 12 months 		<ul style="list-style-type: none"> Your prior year's state, federal, or Tribal tax return. Current annual income statement from your job. A Social Security statement of benefits. An unemployment or worker's compensation statement of benefits. A Federal or Tribal notice letter of participation in General Assistance. A Divorce Decree or child support award. An official document with a date in the last 12 months that shows your annual income. Or official documents showing your income for three months in a row. This could be pay stubs that have dates within the last 12 months. 	

Proof of program participation (SNAP, Medicaid, etc.):

To show you or your dependent participate in a program below:

- Medicaid
- Supplemental Nutrition Assistance Program (SNAP)
- Supplemental Security Income (SSI)
- Federal Public Housing Assistance (FPHA)
- Veterans Pension or Survivors Benefit

Provide a document that includes:	Here are common examples:
<ol style="list-style-type: none"> 1. Your name, or your dependent's name 2. The name of the program, such as SNAP 3. The name of the government, Tribal entity, or program administrator that issued the document 4. An issue date within the last 12 months or expiration date in the future 	<ul style="list-style-type: none"> ▪ A benefit award letter ▪ A statement of benefits ▪ A benefit verification letter ▪ A screenshot of online benefits portal

Proof of Tribal program participation

If you live on [Tribal lands](#) and need to show you or your dependent participate in a program below:

- Bureau of Indian Affairs General Assistance
- Tribal Temporary Assistance for Needy Families (TANF)
- Food Distribution Program on Indian Reservations (FDPIR)
- Head Start (only those households meeting its income qualifying standard)

Provide a document that includes:	Here are common examples:
<ol style="list-style-type: none"> 1. Your name, or your child or dependent's name 2. The name of the program, such as FDPIR 3. The name of the government, Tribal entity, or program administrator that issued the document 4. An issue date within the last 12 months or expiration date in the future 	<ul style="list-style-type: none"> ▪ A benefit award letter ▪ A statement of benefits ▪ A benefit verification letter ▪ A screenshot of online benefits portal

Proof of Identity

If you need to show your date of birth :	
Provide a document that includes:	Here are common examples:
<ol style="list-style-type: none"> 1. Your first and last name 2. Your date of birth 	<ul style="list-style-type: none"> ▪ A Driver's license that is not expired ▪ A U.S. birth certificate ▪ A U.S. passport that is not expired ▪ A U.S. government, military, state, or Tribal issued ID that is not expired ▪ A Certificate of Naturalization, Certificate of U.S. Citizenship, or Permanent Resident Card

If you need to show your Social Security Number (SSN) :	
Provide a document that includes:	Here are common examples:
<ol style="list-style-type: none"> 1. Your first and last name 2. The last four digits of your SSN 	<ul style="list-style-type: none"> ▪ A Social Security Card ▪ A Social Security Benefit Statement (SSA-1099) ▪ A W-2 from the last 2 years ▪ A prior year's state, federal, or Tribal tax return

If you need to show your Tribal Identification Number (Tribal ID) :	
Provide a document that includes:	Here are common examples:
<ol style="list-style-type: none"> 1. Your first and last name 2. Your Tribal ID number 	<ul style="list-style-type: none"> ▪ A Tribal ID card ▪ An official certificate or letter from your tribe's enrollment office ▪ A Certificate of Degree of Indian Blood (CDIB)

If you need to show that you are alive:	
Provide a document that includes:	Here are common examples:
<p>Your identity information</p> <ol style="list-style-type: none"> 1. Your first and last name 2. Your date of birth 3. The last four digits of your SSN or Tribal ID number <p>Shows you're alive</p> <ol style="list-style-type: none"> 1. Your first and last name 2. An issue date within the last three months 	<p>Show us your identity</p> <ul style="list-style-type: none"> ▪ Provide one or two documents to prove your identity information, such as a Driver's License and Social Security Card. <p>Show you are alive (documentation must be dated within the last three months)</p> <ul style="list-style-type: none"> ▪ A current utility bill ▪ A paystub ▪ A mortgage or lease statement ▪ A retirement/pension statement of benefits ▪ A notarized letter that confirms your identity and that you are alive

If you need to show that you are an emancipated minor:	
Provide a document that includes:	Here are common examples:
<ol style="list-style-type: none"> 1. Your first and last name 2. Confirmation of emancipated minor status 	<ul style="list-style-type: none"> ▪ Court document ▪ Certificate of emancipation

Proof of Address

If you need to show your address :	
Provide a document that includes:	Here are common examples:
<ol style="list-style-type: none"> 1. Your first and last name 2. Your address 	<p>If you choose to prove your address using the online application:</p> <ul style="list-style-type: none"> ▪ Use the online mapping tool in the application. <p>If you choose to mail in documentation, you can send in:</p> <ul style="list-style-type: none"> ▪ A map that shows your physical address or location, including latitude and longitude coordinates (coordinates are required if you live on Tribal lands) ▪ A Driver's license or other valid U.S. government, military, state, or Tribal ID ▪ A utility bill (excluding your internet company) ▪ A mortgage or lease statement ▪ Most recent W-2 or tax return

If you need to show your household :
<p>If you live with another adult who participates in the Lifeline Program, you will need to answer a few questions to find out if your household qualifies for more than one benefit.</p>
<ul style="list-style-type: none"> ▪ If completing by online application: A blank, fillable worksheet will guide you through the steps. ▪ If completing by mail: You must complete the Lifeline Household Worksheet and mail it to the Lifeline Support Center.